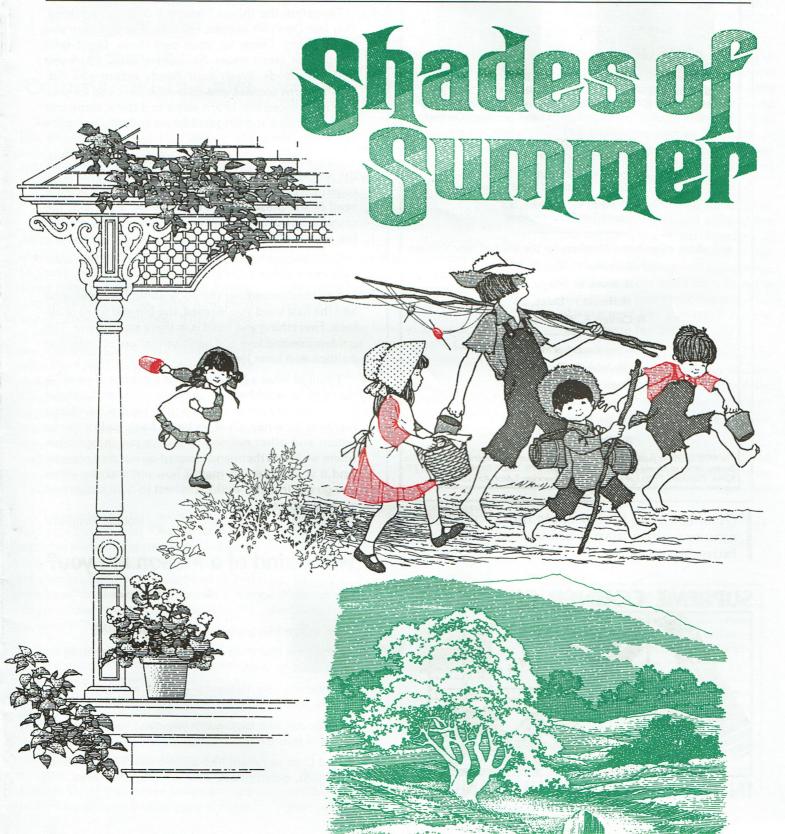
The Rite Light

ANCIENT ACCEPTED SCOTTISH RITE OF FREEMASONRY, N.M.J., U.S.A. VALLEY OF ALBANY, NEW YORK

Vol. 10

May/June 1989

No. 5



Allegiance

The Bodies of the Scottish Rite sitting in the Valley of Albany, State of New York, acknowledge and yield Allegiance to the Supreme Council, 33° Ancient Accepted Scottish Rite of Freemasonry for the Northern Masonic Jurisdiction of the United States of America whose Grand East is in Lexington, Massachusetts and whose Officers are:



Ill::Francis G. Paul, 33° Sovereign Grand Commander



Ill::Robert F. Case, 33° Deputy for New York and Grand Secretary General

Ill::Robert B. Nienow, 33° Grand Lieutenant Commander

Ill:.John W. McNaughton, 33° Grand Minister of State

Ill::Franklin G. Hinckley, 33° Grand Treasurer General

and whose other Active Members for the State of New York are

Ill:.James F. Niehoff, 33°

Ill::Bruce W. Widger, 33°

Ill::Harold F. Dates, 33°

Ill:.Carlton A. Winchester, 33°

Active Emeritus Members

Ill:.John G. Fleck, 33°

Ill:.John H. Van Gorden, 33°

Ill::Raymond C. Ellis, 33°

Ill:.Ralph M. Tompkins, 33°

Ill::Alfred M. Kramer, 33°

The RITE LIGHT is published birmonthly except in July and August by Scottish Rite Bodies, Valley of Albany, 67 Corning Place, Albany, NY 12207. Richard G. Barrell, 33°, Editor, 869-0684; Philip LeFevre, 32°, MSA, Associate Editor, 459-1338.

Grandpa says it now costs more to amuse a child than it did to educate his father!

SUPREME COUNCIL CHARITIES



IN THE SERVICE OF HUMANITY

All I ever needed to know I learned in Kindergarten

Most of what I really need to know about how to live, and what to do, and how to be, I learned in kindergarten. Wisdom was not at the top of the graduate school mountain but there in the sandbox at nursery school.

These are the things I learned: Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Flush. Warm cookies and cold milk are good for you. Live a balanced life. Learn some and think some and draw and paint and sing and dance and play and work every day some.

Take a nap every afternoon. When you go out into the world, watch for traffic, hold hands and stick together. Be aware of wonder. Remember the little seed in the plastic cup. The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.

Goldfish and hamsters and white mice and even the little seed in the plastic cup—they all die.

And then remember the book about Dick and Jane and the first word you learned, the biggest word of all: look. Everything you need is in there somewhere. The golden rule and love and basic sanitation, ecology and politics and sane living.

Think of what a better world it would be if we all—the whole world—had cookies and milk about 3 o'clock every afternoon and then lay down with our blankets for a nap. Or if we had a basic policy in our nation and other nations to always put things back where we found them and cleaned up our own messes. And it is still true, no matter how old you are, when you go out into the world, it is best to hold hands and stick together.

Robert Fulghum

What kind of a Mason are you?

A lot of Masons are like wheelbarrows—no good unless pushed.

Some are like trailers—have to be pulled.

Some are like kites—if you don't keep a string on them, they fly away.

Some are like balloons—full of wind and ready to blow up.

Some are like footballs—you can't tell which way they will bounce.

And then some are like a good watch—open face, pure gold, quietly busy, and full of good works.



From the Commander-In-Chief

We Again Come to the end of a Scottish Rite year. On May 11, 1989 we will hold our annual meetings, with the election of officers and reports of the Secretary, Treasurer, Trustees, and Hospitaler.

This also brings to an end a term of office which I have personally enjoyed for the past two years. It has been a pleasure to serve as Commander-in-Chief with some responsibility to both the Albany and Delta Bodies. Yes, there have been some disappointments. There were times when our officers could not attend our meetings due to other commitments within the craft. I was very disappointed this morning with a call from our lst. Lt. Commander III.: Clayton Simons 33° saying we must cancel our dinner for March 30th because we had only 11 reservations. Hopefully more members and officers will be at the Consistory meeting at 8:00 P.M. on that date. (Ed. There were!)

I have enjoyed the meetings of the Lodge, Council, and Chapter together with the meetings of the Delta Bodies in Troy. By all working together we should be able to improve our degree work and maybe someday present the two new degrees, that have been approved by the Supreme Council.

At this writing we are in need of a degree director for the 14°. If you would like to help or know someone who will and can do this job, please let me hear from you soon. If you are interested in the new 24° let us know NOW. Our degree work needs help now, we need you as a member of this Valley of Albany to give your time in improving this historic Valley that its teachings and way of life may carry on to future generations.

The Executive Board will be meeting soon after the Elections and Installation of Officers at which time plans will be made for the 1989 Fall Schedule and Spring of 1990. If any member would like to make some suggestions for the improvement of our Valley, please contact any officer, but do it now to help the Executive Board in formulating the program for the New Scottish Rite year beginning this fall.

Again I want to thank all the members of the Valleys of Albany and Troy for all the wonderful years I have enjoyed with the Scottish Rite since April 1964. I am looking up at a picture on the wall of my study of the III... Theodore A. Goodrich, 33° Class, who was Commander-in-Chief at that time. I am in the second row, the only candidate with a bow tie. There is also a class picture in 1970 with Ill. Eugene L. Rogers, 33° as Commanderin-Chief and I was sitting next to him as Thrice Potent Master, also on that wall is a Certificate, that on September 28, 1977, I was made a member of the Supreme Council. For all these wonderful honors I thank all the members of our Valleys who have made it all possible.

I am looking forward to seeing all Officers and Past Officers at the Council of Deliberation on July 14th through 16th at Grand Island, N.Y.

Please enjoy your summer and let us all be ready to go back to work in September.

Ill... Albert W. Mills 33° Commander-in-Chief



Fuller's Farewell Address

Already the year has ended. It doesn't seem possible. Thanks to all for a good year and particularly to the officers

who served. Their efforts were greatly appreciated.

However, in any endeaver, there are certain individuals who merit recognition and in the Lodge of perfection I must acknowledge three.

- Our Commander-in-Chief, Illustrious Al Mills, 33° who supported our efforts and allowed a wide latitude in attempting to create interest in the lodge.
- Our Secretary, Illustrious Richard G. Barrell, who, in spite of his "grumpiness" when you call him on the phone, is one of the most flexible and receptive individuals in the fraternity. The transformation of the issue of the *Rite Light* dedicated to the "poster contest" from the planned issue was mainly through his efforts.
- •Brother Jim Fuller who handed me the venison dinner and allowed me the opportunity of participating in the poster contest. Included in this are Fuller's printing who assured me that the posters could be reduced in size and not lose their impact. A lot of work went into that issue, but the results were fantastic.

The venison dinner was very successful and is attracting individuals who are not members of the fraternity. Hopefully, next year we can have brochures from all the organizations for visitors to take home.

Again, thanks to everyone for helping and for giving me the opportunity to serve. I wish Les Kerr great success in his year.

Richard A. Fuller, 32°
Thrice Potent Master

TIP OF THE MONTH

Smile when conversing on the phone.
The person on the other end will know and will respond accordingly. Try this

and will respond accordingly. Try this experiment: Place a mirror on your desk to check your facial expressions as you talk on the phone, then smile often. See if you draw more positive responses and generate an easier conversation. You should: customers like talking to a smiling voice.

Courtesy of NEWSLINES, Farm Credit Bank of Baltimore.



R.W. HERBERT M. GROCE, JR. 33° DESIGNATE

History was made at the 176th Meeting of the Supreme Council for the Northern Jurisdiction of the United States of America held at Grand Rapids, Michigan, September 23-28, 1988. For the first time in the United States an American of African Ancestry, R.W. Herbert M. Groce, Jr., was nominated to receive the 33° in 1989.

The Rev. Herbert Monroe Groce, Jr., was born on April 17, 1929, to Herbert M., Sr., and Gertrude E. Groce, their first child, in Philadelphia, Pennsylvania. Herbert attended the public schools of Philadelphia and graduated from Benjamin Franklin High School on June 18, 1947. During the latter part of the 40's he worked in New York City and went to various colleges in the Philadelphia area.

In 1951 Herbert was called to duty in the United States Air Force, and served over four years. At his discharge he was a Staff Sergeant, having been in the Crypto specialty.

When he was discharged from the Service in mid-1955, his first son, Eric, was born and Herbert went to work as a milkman while going to school at night at LaSalle College (now a University) of Philadelphia, where he majored in economics. He did not receive a degree from LaSalle College, but went on to other colleges and universities; among them, St. Joseph's, Temple University, Seton Hall, General Theological Seminary, and the Institute of Theology of St. John the Divine Cathedral of New York City.

During these years, Herbert worked for Radio Corporation of America; Fairchild Hiller Corp; The Singer Company; the Delta Foundation; and the University of Medicine and Dentistry of New Jersey, where he was the Chief Administrative Officer serving as Vice President for Human Resources. He was also the Director of Operations of Lincoln Center for the Performing Arts.

He was ordained a Deacon in 1978 and a Priest in 1979. He has assisted in small churches and cathedrals and is now the Rector of St. Andrew's Episcopal Church in Harlem in New York City.

Herb's Masonic life started in 1978 when he was raised in Allied Lodge, No. 1170. He was exalted as a Royal Arch Mason while a member of Alpha Chapter No. 62, of New Jersey. He has received the 32° in the Consistory of the Valley of New York City; and served as Most Wise Master of the Chapter of Rose Croix, 1986-87. He is a member of Morton Commandery, No. 14, Knights Templar in New York City; was High Priest of Phoenix Chapter, No. 2, R.A.M., and holds other positions in various Masonic bodies. He is also a member of the Executive Committee of Mecca Temple.

Bro. Groce is a four-time Grand Chaplain; serving in that office for the Grand Lodge, Free and Accepted Masons; The Grand Chapter of the Royal Arch Masons; The Grand Chapter of the Grand Council of Cryptic Masons; and Associate Grand Prelate of the Grand Commandery, Knights Templar; all of New York State.

Herbert Groce has been active in various community organizations such as the Urban League, NAACP, Boy Scouts of America, and other community development projects and programs. The Boy Scouts of America has awarded him the Silver Beaver and Silver Antelope, and he has received the St. George Award from his Church. He is now Director of the Francis Halfway House of Federal Prisoners in Philadelphia.

"Father" Herbert is married to the former Linda Jane Rosenbaum of West Orange, New Jersey. They have two children, Herbert III, and Lauren Susan, and by a previous marriage he has Eric, Karen and Cheryl, all of whom are grown.

We are justly proud of our Brother and wish him good health and happiness with his loved ones.

College journalism student: "Dad, when I graduate, I'm going to write for lots of money."
Dad: "So what's new?"
QUOTE



Sagacious Baffling Wind from the Sovereign Prince

Has a year gone by this rapidly? Time certainly does fly when you are having fun! As I pass the gavel of authority to our incoming Sovereign Prince, it is time to reflect on the past and look forward to the future.

During the year past, we were blessed with many fond memories. We enjoyed great trips to Lexington and the Pines. We celebrated our ladies night in fine fashion and we honored our newly conferred 33rds with a super evening. We had the added pleasure of honoring Harold Clark for his reception of the Meritorious Service Award. We hosted a full house for our choir program and we paused to reflect as we witnessed a magnificent rendition of the Feast of the Paschal Lamb. All of that and two great Reunions. I even enjoyed the executive bored meetings. Who said nothing goes on at the Scottish Rites? Only those who weren't there!!

I deeply regret the missing of events held on nights that my symoblic lodge activities required my presence. We all regret no longer having the company of those brothers who the Grand Architect has called into his service. But our regrets are few and our blessings are many.

I look forward to the upcoming year at the Scottish Rite because I am certain that we are in good hands. The incoming officers at the Council of Princes of Jerusalem are truly dedicated to our craft. I urge that we all lend them our full support. A special tip of the hat is in

order at this time to our C.I.C.; our soon to be C.I.C.; our treasurer and some Clown who acts as our Secretary. Without the advice and dedication rendered by these gentlemen, I shudder to think what could happen to our fraternity.

In closing, I again thank you for the honor of serving you and thank you for your support. Don't forget that selective petition brothers, share the fun with another brother.

Fred C. Fredrickson Sovereign Prince



A Message from the Most Wise Master

Our March 16th meeting featured Fred B. Hill, Jr., 32°, MSA holder as our guest speaker. He informed us of the invaluable services provided by the Shriner's Crippled Childrens Hospitals. As a member of the Board of Governors of the Springfield unit, Brother Hill was able to present us with accurate and first hand knowledge of this fine institution.

The Annual Feast of the Paschal Lamb was held on Sunday, March 19th at the Albany Masonic Temple with R.·.W.·. Richard E. Thomas, 32°, Deputy Grand Master, as our guest speaker. There was an excellent attendance and gave us an opportunity to proudly show our beautiful edifice. It appears that having the ceremony at the Temple provides better facilities for exemplification of the Feast. Following the ceremony we were entertained by the group that sang the anthem and from all responses were enjoyed.

As this will be my final message I want to thank the Officers and members who supported me and our body during the past year. In particular I want to extend personal gratitudes to III. Albert W. Mills, 33°, Commander-In-Chief, III. Richard G. Barrell, 33°, Secretary, and my wife, Lena, for all their assistance and words of wisdom.

To the newly installed officers I wish them the best of success in the year ahead and would encourage the membership to support them. It is very difficult to accomplish goals that have been presented without the support of everyone.

I want to thank the members of Albany Sovereign Chapter of Rose Croix for giving me the opportunity of serving as Most Wise Master and wish everyone a healthy, safe and enjoyable summer.

> Edward T. Rose Most Wise Master



"There is no temptation in life greater than the temptation to give up."

-George Plagenz in QUOTE

"Education teaches us how little we know." —John David Check in QUOTE

Little Mistakes

What would you get if the people you depended on performed their jobs right only 99 percent of the time?

- At least 200,000 wrong drug prescriptions each year.
- Unsafe drinking water almost four days per year.
- No electricity, water, heat, telephone, or television for about 15 minutes a day.
- No newspaper delivery four times a year.
- Nine misspelled words on every magazine page.
 Products and services that are defect-free is what we
 expect. Obviously, then, we've all got to watch those
 pesky mistakes and strive for 100 percent as individuals
 and as a company.

The American Society of Quality Control

He loved fishing so much that he thought everybody else ought to love it. In his zeal, he took a friend with him on a fishing trip, and furnished all the tackle. The expert settled the friend in a likely spot and then began fishing not far away. In a little while the friend called:

"How much do those red and white things cost?"
"You mean the float? Oh, about 50 cents, I guess,"
the expert replied.

"Well," said the friend, "I owe you 50 cents; mine just sank."

Courtesy of WOODMEN OF THE WORLD, Woodmen of the World Life Insurance Society, Omaha, Nebraska. Leland A. Larson, Editor.

CELEBRATION

Pause for the Pledge

Created June 14, 1777 in Philadelphia, she has grown from 13 stars and stripes to today's 50 stars and stripes.

She has watched a nation grow and develop. She has seen the North Pole, the moon, her country at war and at peace. She was first saluted by a foreign country when the vessel "Ranger" sailed into Quiberan Bay on France's northwest coast in 1778.

Her colors have been paraded down main streets across America. You can see her flying, day and night.

She has seen the eyes of a child struggling to say the *Pledge of Allegiance* for the first time. She was there when the young Cub Scout earned his first badge.

She has seen the sorrow of a family when a servicemember is buried. She has witnessed joy, too. She was there when you graduated from high school.

She has seen her country's presidents take the oath of office. She has been in the courtroom keeping an eye on liberty and justice. She flies proudly over city hall, watching her community grow.

She is the flag of the United States of America. And now, as her people celebrate her birth, she is seeing the promise of her nation strive for peace and freedom for all mankind.

The Continental Congress adopted the national flag on June 14, 1777, but it was not until 1949 that Congress officially



designated June 14 as National Flag Day.

Since 1952, The Star-Spangled Banner Flag House, in Baltimore, Md., has been its official sponsor.

The Flag House was the home of Mary Pickersgill who made the Star-Spangled Banner, the huge 42 by 30-foot flag that flew over Fort McHenry during the War of 1812 and was immortalized by Francis Scott Key in the national anthem.

In 1980, the sponsors at Flag House suggested that Americans everywhere *Pause for the Pledge* — that is — Americans across the nation pause for a moment on June 14, Flag Day, at 4 p.m. (EDT) to repeat simultaneously the *Pledge of Allegiance* to the flag.

I pledge allegiance to the flag of the United States of America and to the republic for which it stands. One nation under God, indivisible, with liberty and justice for all.

The idea of repeating the Pledge has spread as an affirmation of patriotism at home and a sign of unity abroad.

SYNOPSIS OF THE SCOTTISH RITE DEGREES

The Ineffable Degrees 4th to the 14th inclusive, are conferred in a Lodge of Perfection, and pertain to KING SOLOMON'S TEMPLE. They have reference to all the events in details, in connection with the completion and dedication of King Solomon's Temple, and can be classified as follows: the 4th and 5th concern the tribute due to the memory of the third Grand Master of the Temple. The 6th, 7th and 8th relate the filling of the vacancy caused by the demise of the Architect of the Temple, in recording the plans agreed upon by King Solomon and King Hiram of Tyre, the auditing of the accounts and compensation of the laborers, the adjustment of disputes, and the resumption of the Temple construction. The 9th and 10th Degrees relate to the faithful dispensation of instice, which never sleeps. dispensation of justice, which never sleeps.

The 11th Degree relates to the rewards of the true and faithful for bringing the offenders to the bar of justice and the equitable collection and distribution of the revenues of the realm. The 12th relates to the science of architecture, the use of all the devices and tools and their symbolical morals. It also treats of geometry and strangers and the legence we may device from the study of the starry firm and the legence we may device from the study of the starry firm and the legence we may device from the study of the starry firm and the legence we may device from the study of the starry firm and the legence we may device from the study of the starry firm and the legence we may device from the study of the starry firm and the legence we have deviced from the study of the starry firm and the legence of the starry firm and the legence of the starry firm and the study of the starry firm and the the devices and tools and their symbolical morals. It also treats of geometry and astronomy and the lessons we may derive from the study of the starry firmament. The 13th treats of the fortunate discovery of that which has been lost, (but) unknown to the discoverers; and the 14th, the final preparation of the mind, heart and body by consecration to the service of the Craft, and receipt with the fullest and most ample explanations of the great treasure and reward on the completion of the Temple.

THE SECOND TEMPLE DEGREES are the 15th and 16th Degrees and are conferred in a Council of Princes of Jerusalem. The story of these two Degrees is based on the history of the reign of two Persian kings, Cyrus and Darius; the destruction and pillage of the Temple of Solomon and the city of Jerusalem by Nebuchadnezzar; the Jewish captivity, the royal decrees of these kings permitting the rebuilding of the Temple by Zerubbabel, the return of the holy vessels and the restoration to the Jews of their freedom. It also tells of the opposition of the Samaritans who were an of the Temple by Zerudonace, the return of the noty vessels and the restoration to the Jews of their freedom. It also tells of the opposition of the Samaritans who were an idolotrous people. All this symbolizing the difficulty of regaining, when lost, the freedom of a people. It teaches the lessons of fortitude under the most severe afflictions

THE SPIRITUAL TEMPLE DEGREES are the 17 and 18th, and are conferred in a Chapter of the Rose Croix.

The 17th Degree portrays the life and history of St. John the Baptist and his fate like the Master Builder of the Temple, who fell a Martyr to the principle of integrity; also the history and lessons taught by St. John the Beloved Disciple. The 18th Degree portrays the history of Him who came to redeem mankind. Its great lessons expound the principles of Toleration, Humanity and Fraternity.

THE HISTORICAL, PHILOSOPHICAL, AND CHIVALRIC DEGREES comprise the degrees from the 19th to the 32nd, inclusive, and are conferred in a Con-

The 19th Degree relates to the Apocalyptic vision of St. John the Evangelist and the hoped for millenium, when there shall be a perfect union of mankind under the Divine influence of Charity and Toleration.

The 20th Degree teaches Veneration for the Deity, Knowledge of Science and Philosophy, Charity, Honor, Patriotism, Justice, Truth and Toleration.

The 21st Degree portrays the Crusaders upon their return from the war in the Holy Land who find their property appropriated by fraud; its recovery and the punishment meted out to the plunderers, while the defenders of the Faith were fight-

The 22nd Degree tells of the work in the Cedars of Lebanon and the preparation of the timbers for the Temple. It exalts the dignity of labor and teaches that rank and nobility go for naught, and that he who toils not with his fellows, shall not eat.

The 23rd and 24th Degrees relate to the ceremonials of the Jewish religion, the building of the Tabernacle and the doctrines and laws given by Moses.

The 25th Degree portrays the sufferings of the Israelites who were bitten by the fiery serpent in the Wilderness and the raising up of the brazen serpent by Moses, that those who looked might live. The profound doctrines of life and death are taught to lead men away from sin and to look for aid to a higher power.

The 26th Degree treats of mercy, charity and kindness,

The 27th Degree relates to the Crusades of Henry VI of Germany which went to the Holy Land in 1191 A.D., and became the Teutonic branch of the Order of the Temple, known as the Knights of St. Mary.

The 28th Degree treats of science and philosophy and inculcates the full exercise of intelligent reason and faith, in reading the book of nature with a well grounded faith in the mercy and wisdom of God.

The 29th Degree portrays the history and valor of the Scottish Branch of Knights Templar. It teaches a lesson of the spirit of humility, patience and selfdenial, with charity and generosity based on truth and honor.

The 30th Degree give the history of the Order of the Temple with all of its tribulations. Liberty, Equality and Fraternity are its cardinal tenets.

The 31st Degree is the Supreme Court of the Rite. Here are heard the appeals; and trials of all cases above the 36th Degree are held. Its lesson is the administration of impartial justice and it is the most august tribunal in Freemasonry.

The 32nd Degree gives instruction in the ancient truths and moral philosophy which have come down to us filtered through the Alexandrian school of science and the fundamental principles of the Mosaic and Christian dispensations.

The 33rd Degree is conferred in the Supreme Council of the Rite which is the administrative body of all the Scottish Rite bodies. It prescribes the statutes and rules for the various divisions of the Consistory. It also has a ritual, the fabrication of which is generally credited to Albert Pike, who was Sovereign Grand Commander of the Southern Supreme Council A.A.S.R. for many years.

Getting Along With People

To get along with others:

- Don't say everything you think. And watch your body language. It may say more than you intend or want to say.
- Make few promises, but keep the ones you make if you want to be trusted.
- Learn to praise good work, no matter who did it-including your
- Have empathy. Make merry with those who rejoice, mourn with those who suffer.
- Keep an open mind. If you are the only one coming up with the right answers, something is wrong. Discuss, don't argue.
- Let your merits speak for themselves, but be ready to discuss them when asked. Don't talk about another's weaknesses unless necessary.
- Treat everybody with importance.
- Joseph P. Cangemi in **PSYCHOLOGY**

"To handle yourself, use your head. To handle others, use your heart." -Donald Laird

"One of the most delightful things about a garden is the anticipation it provides."

-W. E. Johns

A father was buying a gold pen for his son's graduation gift.

"It's to be a surprise, I suppose," said the clerk. "I'll say it is," said the father. "He's expecting a new car."

Dates to Remember!

May 11 Annual Meeting

Lodge, Council, Chapter, Consistory

May 13 Open Installation of Officers

Guest Speaker - Ill... and M.·.W.. Bruce Widger, 33°

Social: 5:00 P.M.

Dinner - Fresh Turkey - 6 P.M.

Cost: \$8.50 Per Person

Program

Reservations: Clay Simons - 459-2551

or Russ LaGrange - 438-7128 Dress: Officers - Black Tie Others - Optional

June 7 Executive Board Meeting

Honorary Members of the Supreme Council, 33°

Ft. Orange Club

July 14, 15, 16 Council of Deliberation Grand Island, New York

The Art of Getting Along

To get along with others:

June 19

■ Don't say everything you think. And watch your body language. It may say more than you intend or want to say.

Make few promises, but keep the ones you make if you want to be trusted.

■ Learn to praise good work, no matter who did it—including those you may not particularly like.

■ Have empathy. Make merry with those who rejoice; mourn with those who suffer.

■ Keep an open mind. If you are the only one coming up with the right answers, something is wrong. Discuss, don't argue.

■ Let your merits speak for themselves, but be ready to discuss them when asked. Don't talk about another's weaknesses unless necessary.

■ Treat everybody with importance.

—Joseph P. Cangemi in PSYCHOLOGY

Lefties

When you pick up a pen to write, do you use your right hand like most people? Or do you use your left hand?

Studies show.

 Close to 15 percent of the population—25 million Americans—are left-handed.

• Two out of three lefties are male.

• Left-handedness runs in families and among twins.

• Lefties can be very talented. Almost half of the batters and one-fourth of the pitchers in the Baseball Hall of Fame are lefties.

• Two famous lefties: President George Bush and TV's Oprah Winfrey.

ALBANY SCOTTISH RITE BODIES

Coming Place & Lodge Street Albany, New York 12207

POSTMASTER:

If undeliverable, do not return.

Non-Profit Organization
U.S. Postage
PAID
Latham, New York
Permit No. 22

New Membership Is Our No. One Priority!

TIME VALUED MATERIAL